

February 2017



Love Challenge for Wives

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>It's time to be sacrificial with our time and energy to bless your spouse each day and make them your first priority loving selflessly. It's time to put aside wrongs, extend grace, and show your spouse you're still committed to the marriage, in the good times and the bad.</i></p> <p><i>May these 28 days help you to bless your spouse, give you ideas for ways to serve your spouse while having fun and may they help you intentionally reconnect with him or her being victorious in the days, months and years ahead.</i></p>			<p>1</p> <p>Take a (sweet/silly) picture together and post it on Facebook with three hashtags: 1) #VictoriousLove 2) #challengeaccepted 3) #myhusbandis(one word you would use to describe your husband). Tag your spouse in it on Facebook.</p>	<p>2</p> <p>Do his least favorite chore as a surprise.</p>	<p>3</p> <p>Cook your husband's favorite meal.</p>	<p>4</p> <p>For each letter of your husband's name, choose a complimentary adjective to describe him—write it out and post a pic of it on Facebook.</p>
<p>5</p> <p>In his Bible, put sticky notes of verses you are praying for him.</p>	<p>6</p> <p>Re-enact how you first met, record it, and post it to Facebook #VictoriousLove</p>	<p>7</p> <p>Ask "what can I help you with today?"</p>	<p>8</p> <p>Find a good time to ask him, "What is one thing that I could do differently to be a better helper to you?" No matter what he says, don't defend yourself or make excuses.</p>	<p>9</p> <p>Do something to bless him at work. Something slightly public so those he works with notice, but nothing too embarrassing. One idea is getting him several small gifts and having various co-workers give them to him on your behalf at appointed times throughout the day.</p>	<p>10</p> <p>Hug your husband for 10 seconds, three times today.</p>	<p>11</p> <p>Dream! Take 30 minutes and daydream about the future and how you would like it to look.</p>
<p>12</p> <p>Speak life. Go one day without saying anything negative or critical.</p>	<p>13</p> <p>Kidnap him from work for a lunch date. Post a pic of you at lunch with the hashtags #kidnappedmyValentine #VictoriousLove</p>	<p> 14</p> <p>Happy Valentine's Day! Write a 10 line poem, and make sure to use the following words: socks, pillow, sky, forever, special, heart</p>	<p>15</p> <p>Together, write a 60 second rap about your first date, record a video, and post it on Facebook</p>	<p>16</p> <p>Together, determine a good time of day (first thing in the morning, or before bed) for you to read the Bible together for 15 minutes. If you have not already, commit to doing this daily.</p>	<p>17</p> <p>Today, wear the same color as your spouse and post a picture to facebook with the hashtag #VictoriousTwins #VictoriousLove</p>	<p>18</p> <p>Ask him what little things you could do to make the home more inviting for him. Pick one and do it (without feeling resentment if he's not returning the favor!)</p>
<p>19</p> <p>Take the number of years you've been married, and write out that amount of things you love about your husband.</p>	<p>20</p> <p>Flirt! Send a total of 10 flirty text messages to your husband, sporadically throughout the day.</p>	<p>21</p> <p>Give. Today, focus on giving. Whether it's an actual gift (big or small) or service, Give him a massage, a head rub, a gadget or maybe even just you. *wink*</p>	<p>22</p> <p>Show interest in one of his hobbies and join him.</p>	<p>23</p> <p>Get 10 index cards (or post-it notes) and write one thing you respect about your husband on each card. "Hide" one per day in a place that he is sure to find it.</p>	<p>24</p> <p>Fast one meal together today. In place of eating, pray for your spouse and your marriage.</p>	<p>25</p> <p>For each letter of your husband's name, choose a complimentary adjective to describe him—write it out and post a pic of it.</p>
<p>26</p> <p>Find a nearby park or trail and go for a walk together.</p>	<p>27</p> <p>Spend 5 minutes per day in focused prayer just for your husband. Thank God for all of his wonderful qualities. Pray for areas in your marriage that need</p>	<p>28</p> <p>Spend an evening without the electronics—phones, tablets, TV, etc. Rewrite your wedding vows and exchange them.</p>				